



# Exhibitions

## Studio Upstairs: Leading Creative Recovery

This group exhibition features artwork by members of Studio Upstairs Bristol, a Charity and arts community that provides therapeutic support and artistic resources to people in recovery from enduring mental health issues and in drug and alcohol recovery.



There is no house style and members are encouraged to develop their own artistic voice and approach. The work spans a breadth of materials, styles and approaches, from the figurative to the abstract. The unifying theme throughout such diverse work is that all the featured artists are recovering from their individual situations through creativity and the creation of art.



Permotionem Nubes by Barbara Belkacem

Studio Upstairs was first established in London in 1988, with the Bristol studio opening in 2000. Members attend on a regular weekly basis and supported by qualified, registered and experienced arts therapists and professionals. Its members leave the service to pursue their own independent creative careers, further education or employment.

Studio Upstairs Bristol exhibits the work of its members widely and previous exhibitions have included *'The Woman Who Slept With Bones'*, Arnolfini, Bristol; *'Drawing Through'* - Philadelphia Street and Studio Upstairs, Bristol; *'One In Four'*, Royal Academy of Arts, London; *'Grand Bazaar'*, Tate Modern, London; *'Studio Upstairs @ The Guild'*, Guild Gallery, Bristol; *The West Bristol Arts Trail*, and they hold annual Open Studios, allowing visitors to see the charity at work.

