

SEPT
2024

Cancer Connect









All Welcome but newer people have priority to workshops please

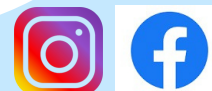
When: Fridays 10 am - 2pm

Where: Whealdon Suite 3 at Westlands Entertainment Venue, Yeovil Somerset. BA20 2DD

Why: The aim of this group is to better support those affected by cancer and meet others who understand.

Who: Anyone at any stage of cancer treatment or recovery. Don't have to do any crafts, can just come for coffee and a chat. Carers also welcome.

Date	Time	Activity	Craft Lead	Notes
Friday 6th Sept	10-12	Fabric folding decoration 	Linda	Cancer Support Worker Amy visiting 11-1pm
	11:30-12:30 Tea and coffee in conservatory			
	12-2pm	Wood carving 	Col	
Friday 13th Sept	10-12	Needle felting 	Jenny	
	11:30 - 12:30 Tea and coffee in conservatory			
	12-2pm	Pebble painting & Silk painting 	Lisa & Deb	
Friday 20th Sept	10-12	Treatment diary bags & Headwear making 	Belinda	Jen from NHS Wellbeing Hub and Lorraine Cancer Support worker visiting 11-1
	11:30 - 12:30 Tea and coffee in conservatory			
	12-2pm	Creative therapy intro 	Polly	
Friday 27th Sept	10-12	Kumi braiding flat bookmarks 	Barbara	Jenny in Charge no Deb or Becca
	11:30 - 12:30 Tea and coffee in conservatory			
	12-2pm	Airfix model making or Indian block Printing 	Angie & Rodney	



Craft Therapy in Cancer
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**OCT
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Date	Time	Activity	Craft Lead	Notes	
Friday 4th Oct	10-12	Plastic canvas boxes 	Linda	11-1pm Cancer Support Worker Kat visiting	
	11:30-12:30 Tea and coffee in conservatory				
	12-2pm	Wood carving 	Col		
Friday 11th Oct	10-12	Autumn wreath making 	Carol	Lucy O Personalised Care Coordinator visiting	
	11:30 - 12:30 Tea and coffee in conservatory				
	12-2pm	Silk Painting 	Deb		
Friday 18th Oct	10-12	Minature rustic houses 	Sue O		
	11:30 - 12:30 Tea and coffee in conservatory				
	12-2pm	Wood carving 	Col		
Friday 25th Oct	10-12	Decorating photo frames 	Belinda & Sharon	NO WHEADON SUITE conservatory only Jenny in charge <u>No Becca</u>	
	11:30 - 12:30 Tea and coffee in conservatory				
	12-2pm	Silk painting 	Deb		



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**NOV
2024**

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Date	Time	Activity	Craft Lead	Notes
Friday 1st Nov	10-12	Felt sewing decoration 	Linda	<u>no Becca</u> Jenny in Charge. Lucy visiting
	11:30-12:30 Tea and coffee in conservatory			
	12-2pm	Wood carving 	Col	
Friday 8th Nov	10-12	Willow trees / Angels 	Carol	11-1pm Cancer Support worker Emma visiting
	11:30 - 12:30 Tea and coffee in conservatory			
	12-2pm	Silk painting 	Deb	
Friday 15th Nov	10-12	Hair loss headwear or Tree decorations 	Mary	
	11:30 - 12:30 Tea and coffee in conservatory			
	12-2pm	Wood carving 	Col	
Friday 22nd Nov	10-12	Minature winter houses 	Sue	No Deb
	11:30 - 12:30 Tea and coffee in conservatory			
	12-2pm	Wooden stars/ Pallet trees 	Tim	
Friday 29th Nov	10-12	Bead trees or Jewellery making 	Belinda & Barbara	No Jenny
	11:30 - 12:30 Tea and coffee in conservatory			
	12-2pm	Wood carving 	Col	



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**DEC
2024**

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Date	Time	Activity	Craft Lead	Notes
Friday 6th Dec	10-12	Paper lanterns 	Linda	
	11:30-12:30 Tea and coffee in conservatory			
	12-2pm	Silk painting 	Deb	
Friday 13th Dec	10-12	Various simple small Christmas crafts 	Becca and Belinda	
	11:30 - 12:30 Tea and coffee in conservatory			
	12-2pm	Christmas secret present game. ALL WELCOME! Please anonymously bring a present wrapped that's no more than £2 in value. 		
Friday 20th Dec	No Official Group Why not all meet in the cafe at The Hub on Penn Mill Trading for lunch instead?			

Friday 10th January New Term starts we are unsure at this time who will be running the group. More information to follow.



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