



**Somerset**  
NHS Foundation Trust

# Are you caring for or supporting an older adult with a mental health condition

Carers service

**Patient information**

outstanding care  
listening and leading  
working together

## Are you a carer?

- Are you aware that you are entitled to a carers' assessment?
- Would you like to talk to someone about your needs as a carer?

A carer is someone who provides practical, emotional or physical support to someone who has a mental health condition.

Often as a carer your time may be restricted. You may not be able to leave the person you care for on their own or you may need to be there in times of crisis.

We specialise in assessing your needs as a carer of an adult who has a mental health condition. You can have a carers assessment to see what might help make your life easier

As well as providing information and advice to carers, we welcome your views about the services you receive. This helps us to ensure that you access the support you require.

## We can provide you with emotional support, help and advice on the following:

- help and advice about day-to-day caring
- how to access help with benefits and information about financial matters
- information on local carers' support groups
- how to access counselling
- getting a break or holiday either on your own or with the person you care for
- information in accessing befriending and advocacy services
- how to access help in a crisis
- carers' help lines
- information on how to access carers' training
- learning opportunities
- managing work and your caring role

## Carers' assessment workers

Carers' assessment workers cover the whole of the Somerset area. Appointments can be arranged with carers at local trust offices. Home visits can also be arranged.

### Contact details

#### **Taunton Area**

Carers' Assessment Worker  
(older adults)  
Foundation House  
Wellsprings Road  
Taunton TA2 7PQ

Mobile: 07554 415 409

#### **West Somerset Area**

Carers' Assessment Worker  
(older adults)  
Foundation House  
Wellsprings Road  
Taunton TA2 7PQ

Mobile: 07464 496 345

#### **Mendip Area**

Carers' Assessment Worker  
(older adults)  
The Bridge  
Glastonbury Road  
Wells BA5 1TJ  
Mobile: 07909 877 657

#### **South Somerset Area**

Carers' Assessment Worker  
(older adults)  
Holly Court  
Preston Road  
Yeovil BA21 2BX

Mobile: 07738 898 775

#### **Sedgemoor Area**

Carers' Assessment  
(older adults)  
Glanville House  
Church Street  
Bridgwater TA6 5AT

Mobile: 07738 898 747

For free support for carers visit:  
[www.somersetcarers.org](http://www.somersetcarers.org)



CarersserviceApr21/reviewOct23

[www.somersetft.nhs.uk](http://www.somersetft.nhs.uk)

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