

## Advice after your Colonoscopy

Once you get home, you can eat and drink as normal. The effect of the sedative can last up to 24 hours so do not drive, operate machinery or drink alcohol during that time.

If you develop uncontrollable chest pain, breathlessness, severe abdominal pain, a fever, bleeding from the back passage (rectum) including black faeces (stools) (melaena), jaundice or are unable to stop vomiting, please consult your GP or go to the A&E department. It is important that you tell the doctor that you have had a colonoscopy in order for them to contact the Gastroenterology team for specialist advice.

For further advice please call:

**Endoscopy Unit**  
01823 342446  
8am-6.30pm

**Sheppard Ward**  
01823 342021  
Out of hours

If you feel very unwell please attend the A&E department.