

Colonic Stent  
 Post-procedure Instructions:

<b>0 – 24 hours</b>	Observation:	4 hours bed rest Monitor HR & BP 15 mins for 1 hour, 30 mins for 2 hours (hourly temperature) 1 hourly for 2 hours (up to 5 hours)
	Analgesia:	As required (PRN prescribed on chart)
	Oral intake:	Start oral fluids once sedation worn off Build up diet if fluids tolerated well
	All patients:	AXR/PELVIS (focus on stent) ON THE NEXT DAY (patient to return for it)
	All patients:	Assure that COLORECTAL (LOWER GI) NURSE TEAM is aware of stent insertion BEFORE DISCHARGE
<b>Following day</b>	<p>Decision to re-introduce diet is clinical based, on patient progress (abdo' distension, passage of flatus/bowel motions, etc.) – most patients have one night admission (minimum)</p> <p>AXR/pelvis +/- lateral views (centred on stent) to assess full stent expansion and position</p>	
<b>ON DISCHARGE</b>	<p><b>All patients should be on stool softeners for life.</b></p> <p>Some pain, temporarily, is common. Appropriate analgesia should be prescribed on discharge.</p>	
<b>Contact details</b>	<p>Please contact the following person if there are any queries or problems.</p> <p>Dr Andy Lowe #6545        Dr Rudi Matull #6788        Dr .....</p> <p>Lower GI Nurse specialists <b>Ext. 2452</b></p>	

