

PEG

**Protocol leaflet post gastrostomy –
to be sent with the patient to receiving ward**

Observations required for 72 hours post gastrostomy placement

Essential observations

Blood pressure, heart rate, respiration rate, oxygen saturations, temperature and pain score.

Wound site checked for bleeding, leakage of gastric contents and tube displacement.

If there is pain on feeding, prolonged or severe pain post-procedure or fresh bleeding, or external leakage of gastric contents stop feed/medication immediately. Obtain senior advice urgently and consider CT scan contrast study or surgical review.

First hour post placement:

Essential observations to be performed and documented every 15 minutes if within normal limits:

- Increase the frequency if clinically indicated
- Check adequate analgesia prescribed and administered
- Nil by tube/Nil by mouth



Two to four hours post placement:

Essential observations to be performed and documented every ½ an hour if within normal limits:

- Increase the frequency if clinically indicated.
- Check adequate analgesia prescribed and administered.
- Nil by tube/Nil by mouth.



Five to eight hours post placement:

Essential observations to be performed and documented every hour if within normal limits:

- Increase the frequency if clinically indicated.
- After 4 hours flush tube with 50mls sterile water.
- Wait one hour, if no signs or symptoms then follow regime, patient can eat and drink as able.



Nine to seventy-two hours post placement:

- Normal ward routine observations to include pain score, wound observation and signs of peritonitis.